

# FORMULA FOR MIRACLES VIP CLUB SPECIAL EVENT

## Ignite Your Intuition!

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### Day 1: What exactly is Intuition?

Intuition is your 6<sup>th</sup> sense - or more precisely, it's really a whole bunch of non-physical senses!

All of us humans (and lots of non-humans too!) have all of the intuitive senses, but they are often undeveloped and/or untrained, so much so that most of us do not consider ourselves to be “intuitive” or “psychics” at all.

Semantic note: intuitive and psychic mean pretty much the same thing, but to avoid using loaded word where it's not strictly necessary, we'll generally prefer the term “intuitive”.

Your intuitive senses work in parallel with your physical senses, and often seem to be dimensionally layered on “top” of them. For example, when you hear something with your physical ears, the energetic or intuitive message of the words is also “whispered” to you intuitively. Similarly, people who have intuitive vision permanently enabled and layered on top of with physical vision are those who see auras or ancestor spirits around others.

And, yes, there are definitely folks out there who have incredible intuitive gifts and see these things all the time! (I know this because I've had some of these folks as my teachers, students, clients, and colleagues.) If you are like that, this material will be of great value to you as well, because it will help you to control your abilities, and help you learn to turn them on/off and up/down. (I mean, really, would you really want to see a bunch of spirits of dead ancestors around every person at the grocery store, with half of them constantly pestering you to deliver messages for them? I wouldn't – and it's no surprise that most of these folks find ways to shut off their intuitive abilities, sometimes with dangerous drugs.)

Most of us are in the opposite camp – our intuitive skills are raw and barely developed, if at all. Be encouraged to know that everyone can develop intuitive skills with time, patience, healings, and proper practice. And don't be too jealous of those super-intuitive folks – often it can be easier to learn to turn on or turn up you intuitive ability than it is to learn to turn it off or turn it down!

In our model, there is one intuitive sense for each physical sense, plus the intuitive sense of clairsentience, which translates as “psychic knowing” – knowledge that bypasses the translation and distortion of the physical sensory input and rational mind.

Esoterically, intuition is your 5-dimension tool of perception. All spiritual, healing, and mystical practices have at their core a focus on the nurturing and development of intuitive abilities. Throughout most of human history, the majority of those who have displayed powerful intuitive abilities simply had a natural gift.

The practice of Theta Healing itself is a great example of this – we have this process as developed by Vianna Stibal because she has a rare and natural gift of intuitive ability, and it is through intuitive skills she has channeled the teachings of Theta Healing – including the process for developing intuitive skills in others!

Unfortunately, most of those talented individuals never really understand exactly what it is they are doing, and are unable to train others to do it as well as they do it. Fortunately for us, Vianna spent years experimenting and figuring out exactly what she did to read the future and instantly heal people, and I was able to leverage her knowledge and experience to develop my own intuitive abilities.

And it was a really hard road for me – I was completely incompetent as an intuitive, at least at first. When I first took Basic Theta Healing with Vianna, I was a complete disaster – I couldn’t do it at all. I mean, not even a little bit! For every exercise that we did, Vianna would be telling us about how we might see angels flying around or the organs singing a song or something equally cool – and all my partners were telling me all about how my guardian angels looked and all the messages they were getting from my body, etc. But I saw nothing but black, and heard nothing but silence, no matter how hard I tried. But what I lacked in talent, I made up for in motivation! So I practiced every day, did an hour long Theta private session every week for a few years, and attended as many practice groups and weekend seminars as I could. And you know what? After 9 months of daily practice, approximately 40 private sessions, dozens of practice groups, and four weekend training seminars, I finally got my first intuitive “hit” – but only because Vianna was standing behind me with her hand on my shoulder!

And you know what? Of the 90 or so people taking Basic Theta with me that first time, and I can guarantee you that I was DEAD LAST in the class terms of my ability and talent. But I didn’t give up, and I practiced – it took months to start to develop my intuitive abilities, and years to start getting results, but today I’m confident that if you got together those same 90 people, I’d be towards the top of the class!

As the saying goes, “C students make the best teachers”. In terms of teaching intuition, because it was SO hard for me and took SO long, I’ve created a lot of little exercises, insights, shortcuts, and tricks and tips to make it easier for you guys. So I don’t want to hear all your excuses about “Oh I can’t do this”, or “I’m just not a talented psychic”, or other nonsense just because you aren’t the world’s premiere intuitive after a few hours of training. As the world’s least naturally talented intuitive person, I know for a fact that everyone reading this can not only learn intuitive skills, but you’ll learn them quickly and more easily than I did. ☺ And don’t forget that while for many people the intuitive senses start to turn

on right away, and for others it takes longer...but either way, what REALLY matters is your ongoing practice and dedication.

Like the game of chess, you can learn the basics of intuitive skills and start practicing in a few hours, but it takes your entire life (and perhaps many lifetimes!) to master, so be patient with yourself – trust me, it is ABSOLUTELY worth doing!

IMPORTANT NOTE #1: In a few days time, we will be starting to do exercises to develop your intuition. At that point, if you do not already know an intuitive process, you will want to have a teacher or book or other training material handy to help you. The intuitive development material in this special event is generic and designed to work with ANY technique, process, or system – it's great if you know Theta Healing, but it's not required. And if you don't already know how to do intuitive readings, healings, and manifestations, I would recommend you go order the book *Theta Healing* by Vianna Stibal (you can get it from her website at [thetahealing.com](http://thetahealing.com), or from Amazon – you might find a used copy to save a few bucks.) This book contains the instructions on how to do these things via the Theta Healing process – and if you order it today, you should have it within a week or so when we start doing exercises.

IMPORTANT NOTE #2: I know I just recommended that you go get Vianna's book and learn from it...while you can learn all the steps, commands, visualizations, etc. from Vianna's book, I strongly recommend against trying to learn intuitive skills entirely from a book. It's like trying to learn karate from a book: after a while you'll be doing something that looks like karate, but it's not karate, and you'll likely be ingraining bad habits that a teacher will have to correct later. Especially if you haven't done intuitive work before, you need a teacher to correct your mistakes before they become bad habits. It's fine to start learning from a book so you can get up and running right away, but do yourself and everyone around you a favor, and go take a training class and/or find a teacher ASAP! Personally, I would encourage you to come take a Theta Healing training class with me so I can make sure you learn the right way the first time, but if don't want to do that, that's fine - it really doesn't matter what intuitive system you learn or who your teacher is, as long as they get good results and aren't too weird or cult-like. 😊